



ELEVATE THE STAGE 2020

FAQs

TOLEDO, OH: February 21-23, 2020
Levels 1-10, Xcel and Open

BIRMINGHAM, AL: March 13-15, 2020
Levels 1-10, Xcel and Open

J.O. & XCEL MEETS

- **Toledo:** *The competition is at capacity.* Youth competition will be held in both the Legacy Arena at the Birmingham-Jefferson Convention Complex and adjoining North Hall. As schedules are finalized, they will be uploaded to our website on the [Toledo page linked here.](#)
- **Birmingham:** *The competition is at capacity.* Youth competition will be held in both the Legacy Arena at the Birmingham-Jefferson Convention Complex and adjoining North Hall. As schedules are finalized, they will be uploaded to our website on the [Birmingham page linked here.](#)

NCAA TICKETS

- **Toledo - College Meet Ticket Sales:** a unique discounted ticket opportunity is provided to all registered clubs. To re-request the Group Ticket order form, please contact the Elevate the Stage team (elevate@knighteady.com)
 - Deadline to submit requests for these discounted tickets closes on a midnight on February 2, 2020. Tickets will be mailed to the address provided no later than February 10, 2020.
 - Tickets also available at elevatethestage.com/ncaa-tickets, by phone at the facility box office or in-person at facility box office.
- **Birmingham - College Meet Ticket Sales:** a unique discounted ticket opportunity is provided to all registered clubs. To re-request the Group Ticket order form, please contact the Elevate the Stage team (elevate@knighteady.com)
 - Deadline to submit requests for these discounted tickets closes on a midnight on February 23, 2020. Tickets will be mailed to the address provided no later than March 2, 2020
 - Tickets also available at elevatethestage.com/ncaa-tickets, by phone at the facility box office or in-person at facility box office.

GK LEOTARDS

- Custom GK tank leotard for all competitors. Coaches must complete sizes via elevatethestage.com/leo-order by December 20, 2019 for leotards to be available on-site. Coaches are responsible for picking up their team's leotards at Coaches' Hospitality. Late orders are not guaranteed to be available on-site and team making the program responsible for all costs associated with receiving this leotard.

OTHER

- Hotel/Travel Information is available at elevatethestage.com.
- USA Gymnastics sanctioned meet
- Age Determination: Age determined by date of State Meet for each level.
- Awards: To exceed USAG rules. Team Awards for each session in each level.
- Equipment: AAI
 - Podium gym - modified traditional
 - Exhibition hall gyms - modified capitol cup
- Certified athletic trainers and paramedics on duty for all athletic activities
- **Toledo** - Elevate Toledo is the **only** Nastia Qualifier in the state of Ohio.

Meet Director: Kayla Williams | 304-382-9677 // kayla@knighteady.com

Host: Knight Eady | 1500 1st Ave. N. Unit 99, Birmingham, AL 35203 // elevate@knighteady.com